





Term 3 Week 6 Newsletter

28th August 2025

# Principals Message

With the sun threatening to peek through and a few nice days here and there, it's an exciting time-although the weather this week could certainly be better! This term has been a busy one so far, but also a very successful one for our students.

Our Book Week Parade was amazing. I'm sure we set a new record for the number of students dressed up! I know Book Week can be a bit of a chore, and I imagine a few parents had to negotiate the "I don't want to wear that" conversation in the morning. But it's a great event to encourage reading, especially at home. At KPS, it has a fantastic community feel, and I'd like to thank all the parents who came to the Kindy parade on Tuesday and the big parade on Wednesday of Week 4. A special shout-out to the staff, especially Mrs Gaukrodger, for coordinating the event. We're very lucky to have such a knowledgeable and talented librarian. I'd also like to commend the staff on their outstanding door displays—they looked fantastic.

We also had an outstanding Faction Carnival. It was heartwarming to see so many parents in attendance and the many smiling faces of students enjoying the day. The students were incredibly supportive of one another, and their behaviour was excellent. The staff responded to the event particularly well, and we navigated some toilet issues as best we could. A big thank you to Ms Henderson for her exemplary preparation. And of course, congratulations to Forrest for breaking the drought!

We're currently in the midst of swimming lessons. Swimming is a vital skill, especially in our country. Although it does significantly interrupt the school's learning program, the community values it highly, so we continue to engage with the program. It's been wonderful to hear about the positive representation of our students. The Department of Education's VacSwim program is now taking enrolments for its October and Summer school holiday programs. You can register here: <a href="https://www.education.wa.edu.au/enrolling-in-vacswim">https://www.education.wa.edu.au/enrolling-in-vacswim</a>

At the time of writing, our Year 6 students are preparing for camp. They'll enjoy a packed week of activities, and we're sure they'll have a fantastic time. A big shout-out to Mrs Reghenzani and Mrs Higgins for doing the bulk of the organising. We're confident the Year 6s will represent the school with pride.

Our Open Night is just around the corner-mark it in your diaries: Thursday, 18th September. This will be a wonderful celebration of learning, and you're invited to come in and see what's been happening in classrooms. It would mean a great deal to your child-and to the staff-if you're able to attend.

Just a reminder that the last day of school (Friday, 26th September) is a School Development Day. All public education staff in Kalgoorlie will be attending an Education Conference at the Arts Centre.

Have a great week. If you have any comments or concerns, my door is always open.

Ash

### New Website

We are excited to announce that our new website is now live. <a href="https://kalgoorlieps.wa.edu.au/">https://kalgoorlieps.wa.edu.au/</a>
This new look site has all the information you need including curriculum information, uniform ordering, term dates, contacts and much, much more! Check it out!

# Upcoming Events





29<sup>th</sup> August ECE Father's Day celebrations

> I<sup>st</sup> - 5<sup>th</sup> September Year 6 Camp

Diggers & Crushers Father's

Day celebrations

3rd September

II<sup>th</sup> September
R U OK Day (free Dress)

12<sup>th</sup> September Room 3 Assembly

17<sup>th</sup> September ECE Athletics Carnival

> 18<sup>th</sup> September Open Night

19<sup>th</sup> September
Sports Colours Day
(free Dress)

24<sup>th</sup> September Interschool Athletics Carnival

> 26<sup>th</sup> September Student Free day

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# Crunch & Sip

In addition to recess and lunch, all students from Kindy to Year 6 are encouraged to participate in Crunch&Sip. Crunch&Sip takes place during class time while students are engaged in learning activities.

# Re-fuel with Crunch&Sip®

Crunch&Sip® is a set break within class time for kids to crunch on vegetables or fruit brought from home, and rehydrate with water.



While most students eat enough fruit, only 1 in 16 get enough vegies every day.

Crunch&Sip® breaks are a great opportunity to boost the vegies so make sure you pack them often. Try for variety by packing vegies in a range of colours and encourage kids to crunch on new foods.

Students who eat vegies and fruit more frequently tend to perform better in the classroom, so these breaks are a win for students, parents and teachers.







Learn more at crunchandsip.com.au

# Crunch&Sip®



### Tips!

### Be prepared

Make sure the vegles and fruit you pack for Crunch&Sip® are low mess and quick and easy to eat. Pre-chopped vegles are ideal and can be prepared ahead of time. They will stay fresh if stored in an airtight container with a wet paper towel in the fridge.

#### Bite sized pieces for little ones

Chop small whole fruit and vegetables like grapes and cherry tomatoes into halves or quarters for younger children to reduce the choking hazard.

#### Hygiene

Wash vegetables and fruit. Make sure that your child's water bottle is cleaned regularly and clearly marked with their name.

#### Crunch the rainbow

Choosing different coloured vegetables and fruits keeps it interesting and is also good for health! Go red with tomatoes or strawberries, green with snow peas or pears, orange with capsicum or a mandarin, purple with purple carrots or grapes, and white with cauliflower or bananas.

### Take the veg pledge

Research shows that while most kids eat enough fruit, only 6% consume enough vegetables. Sending vegetables for Crunch&Sip\* is a great way to develop healthy habits and boost this statistic!

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# **Book Week**

















































































# Athletics Carnival

































































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# P&C News

### Join Us!

The P&C is a group of volunteers working together to improve the facilities and opportunities available to students at KPS.

Joining our P&C is a great way to get involved in the school community, keep up to date with what's happening at the school, contribute to your child's education and make new friends.

If you are interested in joining or can help with any of the P&C run activities, such as in the canteen, please email

kalgoorlieprimary.pandc@outlook.com



# **KPS Superstars**



Kayley Henderson-Mason represented Eastern Goldfields
Little Athletics at the 2025 State Road Walking
Championships, hosted by Athletics West, in Perth in July.

We are incredibly proud to share that Kayley won Gold in the 1500 UIO Girls Race Walk event.

She completed the distance in 8:37.27- a whopping 37 seconds in front of the next competitor.

This amazing achievement means Kayley is placed  $2^{nd}$  in Australia!

Well done, Kayley!



If you know a KPS Superstar achieving amazing things outside of school please send all the details to elarna.papandrea@education.wa.edu.au

# Community Notices







### Understanding the Adolescent Brain & Behaviour

This workshop focuses on empowering parents to connect with their teens during emotional moments, fostering stronger relationships and improving emotional competence in both parent and child. It equips parents with skills to understand their teen's emotional experiences, show empathy, and build intimacy.

#### You will learn:

- About the brain and the changes during the teenage years
   The importance on your relationship with your teen
   How to emotional coach

Online workshop. Bookings essential.

Starting Wednesday 5 November 2025 | 6 - 8pm Online via Zoom (Goldfields Book online: https://bit.ly/40TwMrW Enquiries: 9068 1821 | M: 0438 219 334 GoldfieldsEsperance.PCWA@anglicarewa.org.au



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#### Parenting your child with ADHD A Free 3-Session Parent Training Course led by

ADHD Parent Coach Susan Hughes.

An evidence based & interactive training course designed & developed for parents & carers raising school aged children with

- Do you need help to...

  Stop the fighting in the mornings?
  Stop the feelings of guilt you have for losing your temper?
  Rhow what will work to support your ADHD child?
- Know the difference between negative behaviour and ADHD?
- Take back control of your emotions?
  Be able to advocate with confidence in school?

FIRST SESSION HELD IN PERSON, THEN ONLINE
\$1: Sat 25 Oct, 9.30am - 2.30pm | Lotteries House, Kalgoorlie
\$2 & \$3: Sat 1 & 8 Nov, 3.30am - 12pm | Online Zoom Link
T: 90 681 821 | E: GoldfieldsEsperance, PCWA@anglicarewa.org.au
Book online: https://bit.ly/4manCZG









### Contact Us



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# Kalgoorlie Primary School Term 3 Planner 2025

MARY SCHOOL		T-100000000	Medical	**************************************	Total Control
Week	Monday	Tuesday	Wednesday	Thursday	Friday
1	21	22	23	24	100 Days of School
2	28	29	30	31	August 1 Room 4 & 5 Assembly  Jeans for Genes Day Interschool Cross Country
3	P&C Meeting	5	6	7	8
4	11	School Board Meeting	Book Week Parade	14	Athletics Carnival
5	Swimming	19	20	WA Symphony Orchestra Incursion	22
6	Swimming —	26	27	28	ECE Father's Day Celebrations
7	September 1 P&C Meeting Swimming	2	Year 6 Camp —  Kindy Father's Day Celebrations	4	5
8	Swimming —	School Board Meeting	10	R U OK Day	Room 3 Assembly
9	15	16	ECE Athletics Carnival	Open Night	Sports Colours Day
10	22	23	Interschool Athletics Carnival	25	Student Free Day